

# SHEFFIELD TRIATHLON

## Membership Application Form 2010

### Contact details

|           |   |                |         |      |  |
|-----------|---|----------------|---------|------|--|
| Surname:  |   | Forenames:     |         |      |  |
| Gender:   | Female <input type="checkbox"/> Male <input type="checkbox"/> | Date of Birth: |         | Age: |  |
| Address:  |   |                |         |      |  |
|           |   | Post code:     |         |      |  |
| Home tel: |   |                | Mobile: |      |  |
| Email*:   |   |                |         |      |  |

*\*STC may use the e-mail address to send important information to members*

### Membership details

|  |  |   |   |  |  |
|--|--|---|---|--|--|
| Membership status:   | New member <input type="checkbox"/> Renewing member <input type="checkbox"/> | Membership number:  |   |  |  |
| Membership applied for:  | Full <input type="checkbox"/> Student <input type="checkbox"/>               | Junior <input type="checkbox"/> UB40 <input type="checkbox"/> | <b>Membership fee is £25 (£12 after 1<sup>st</sup> July). Students £15. Juniors (under 19 at 31<sup>st</sup> Dec 2009) and UB40 free.</b> |  |  |
| Note: Those qualifying for free membership must still complete a form.   |  |   |   |  |  |
| Do you hold a British Triathlon licence ?  | Yes <input type="checkbox"/> No <input type="checkbox"/>                     | Membership number:  |   |  |  |
| Membership of any other <b>triathlon</b> club ?  | Yes <input type="checkbox"/> No <input type="checkbox"/>                     | Name, if any  |   | 1 <sup>st</sup> claim <input type="checkbox"/> | 2 <sup>nd</sup> claim <input type="checkbox"/> |
| Membership of any other <b>athletics</b> club ?  | Yes <input type="checkbox"/> No <input type="checkbox"/>                     | Name, if any  |   | 1 <sup>st</sup> claim <input type="checkbox"/> | 2 <sup>nd</sup> claim <input type="checkbox"/> |
| Do you require England Athletics* registration for road and/or cross country races ?   |  |   |   | Yes <input type="checkbox"/>                   | No <input type="checkbox"/>                    |
| <ul style="list-style-type: none"> <li>Registration entitles the runner to participate in sanctioned events such as road races and cross country. Only register if you intend to participate in such events as there is a cost to the club.</li> </ul> |  |   |   |  |  |

|               |                          |                      |                          |                   |                          |                  |                          |
|---------------|--------------------------|----------------------|--------------------------|-------------------|--------------------------|------------------|--------------------------|
| Ethnic origin |                          |                      |                          |                   |                          |                  |                          |
| Bangladeshi   | <input type="checkbox"/> | Black (African)      | <input type="checkbox"/> | Black (Caribbean) | <input type="checkbox"/> | Black (UK)       | <input type="checkbox"/> |
| Chinese       | <input type="checkbox"/> | Indian               | <input type="checkbox"/> | Pakistani         | <input type="checkbox"/> | White (European) | <input type="checkbox"/> |
| White (UK)    | <input type="checkbox"/> | White (Non-European) | <input type="checkbox"/> | Other             | <input type="checkbox"/> |                  |                          |

### Emergency contact details

|                      |  |             |  |
|----------------------|--|-------------|--|
| Surname:             |  | First name: |  |
| Relationship to you: |  | Home tel:   |  |
| Work tel:            |  | Mobile:     |  |

# SHEFFIELD TRIATHLON

**Medical details** (this information will not be passed on to third parties)

Please give details of any medical or health conditions that might affect your participation in triathlon,

Please list any medications you take on a regular basis,

Sheffield Triathlon Club operates with the kind assistance of a few local sponsors, occasionally these sponsors may contact you with details of offers and promotions. If you would prefer NOT to receive such correspondence, please tick here .

I the undersigned acknowledge that I have read and understand the club rules and declare that the information provided in this form is correct to the best of my knowledge. If under 18 please obtain the signature of parent or guardian.

|         |  |       |  |
|---------|--|-------|--|
| Signed: |  | Date: |  |
|---------|--|-------|--|

Please make cheques payable to **Sheffield Triathlon Club**, send your fee along with this membership form to: Dave Harris, 16 St Albans Drive, Sheffield, S10 4DL. Tel: 0114 2306874, email: [dharris360@aol.com](mailto:dharris360@aol.com)

A club of our size cannot be run simply by a small committee, but needs members prepared to volunteer a small amount of their time to work in teams dedicated to helping the club move forward in specific areas. If you are prepared to help, please indicate below the area in which you think your skills could best be used:

|                            |  |
|----------------------------|--|
| Publicity / communications |  |
| Race / event organisation  |  |
| Coaching                   |  |

**Club Rules – Important please read**

These rules may be amended from time to time at the discretion of the committee. All changes will be publicised to members. Serious disregard or breaches of these rules reported to the committee may result in the offending member being expelled from the club. The Club's disciplinary procedure will be applied.

**General**

- 1) Members agree not to bring the Club into disrepute
- 2) Members must abide by the rules and articles of British Triathlon

**Training** (Club organised activities)

**A. Swimming**

- 1) The local swimming pool rules must be adhered to
- 2) Members must not enter water until appropriate number of lifeguards is in place for all swim sessions
- 3) In open water members must make themselves aware of all specific dangers relating to the chosen location. Members must take their own appropriate safety precautions, and ensure reasonable safety cover is in place
- 4) Members must not swim in prohibited areas

**B. Cycling**

- 1) Helmets must be worn
- 2) Cyclists must obey the Highway Code
- 3) Cyclists must be courteous to other road users.

**C. Running**

- 1) Members must have due regard for pedestrians and other legitimate users of foot paths, roads and bridleways, and any other users of the land especially farmers

**D. Competition**

- 1) Members must obey all rules relating to the event they are competing in and compete in a sportsman-like manner

Remittance advice – Official use only

Date received:

Amount:

Membership number: